



Attention Abbotsford Members:

In following Fraser Health's recommendations, we have made the difficult decision to temporarily close our Club16 and She's FIT Abbotsford location due to a potential exposure.

BC Public Health is not asking that you isolate or quarantine, but rather requesting you monitor your health for symptoms of COVID-19.

If you become ill or already have symptoms please,

- Isolate yourself as quickly as possible for 10 days from when you first felt sick
- Get tested for COVID-19. See the 'where to get tested' links to the right, or contact 8-1-1
- If you do seek medical attention, let your health care providers know by phone before you arrive that you may have been exposed to COVID-19

Please call HealthLinkBC at 8-1-1 with any questions or concerns.

We anticipate to re-open our facility as early as Monday, April 26th.

From everyone on our Club16 Team, we appreciate your patience during this difficult time, and we will continue to make the health and safety of our community a priority to ensure all members can practice safe fitness.

Thank you,

Club16 Trevor Linden Fitness and She's FIT