



Attention Langley Members:

We are excited to share that our Club16 Langley location will be re-opening on Thursday, May 6th at 11am. We can't wait to see you back!

You will be able to begin pre-booking your workouts on your booking link Tuesday, May 4th.

We have reviewed our Health and Safety Standards with Fraser Health and we continue to be committed to our Distance, Hygiene and Protection measures, which you can review on www.trevorlindenfitness.com/train-safe.

Thank you to all of our members for your patience and understanding during this difficult time, from all of us at Club16 we will continue to make health and safety a priority to ensure our communities can practice safe fitness.

Thank you,

Your Club16 and She's FIT Team